

## Clover Connection

Rowan County 4-H Newsletter

February 2020



### From the Agent:

If you haven't yet, now is the time for ALL 4-H'ers and 4-H Volunteers to enroll in 4HOnline for 2020! You must enroll every year starting in January. Please register at [nc.4honline.com](https://nc.4honline.com).

**Achievement Night is just around the corner. Please read the newsletter and click on the links to respond to the upcoming Achievement Night deadlines.**

If you like to plan, check out our 4-H dates for 2020: <https://rowan.ces.ncsu.edu/events/>

If you have questions or need assistance with anything 4-H, please let me know!

Laura

My contact information:  
laura\_allen@ncsu.edu  
704-216-8970



**All 2019 4-H Participants: Fill out forms linked below to get recognized at Achievement Night!**

**ALL 2019 4-H FAMILIES: READ THIS SECTION AND CLICK THE LINKS BELOW!!!!**

Achievement Night will be held on Monday, February 24, 2020 at 6 PM at Rowan County Cooperative Extension. This night will highlight 4-H'ers and their achievements from 2019. 2020 4-H club officers and County Council officers will be installed, too. This event includes a catered meal. This year, there will be a minimal cost to attendees to help offset food costs.

-Family size of 1-4 people: \$10

-Family size of 5-8 people: \$15

-Family size of 9+ people: \$20

(payment will be due once you arrive to Achievement Night)

Please click on the links below!

**\*\*\*Deadline to fill out the forms below is February 14!\*\*\***

**If a 4-H'er or their parent DOES NOT fill out the award recognition form (linked below) by February 14, then they will not be recognized for their individual achievements and will not receive a years of service pin.**

**Parents:** If your child is in a 4-H club, please check with your club leaders to see if they would rather you fill out the form or if they plan to fill out the form. I need one form filled out per 4-H'er.

[AWARD RECOGNITION FORM \(FILL OUT ONE PER 4-H'ER\)](#)

[CLICK HERE TO RSVP FOR ACHIEVEMENT NIGHT](#)



Join us at Achievement Night for a

# 4-H FIESTA

to celebrate our 2019 4-H accomplishments.

*Dinner will be served.*

**FEBRUARY 24, 2020 AT 6 PM**

Location: Rowan County Cooperative Extension

2727 Old Concord Road

Salisbury, NC 28146

**RSVP by February 14**

[go.ncsu.edu/rsvp4Hfiesta](http://go.ncsu.edu/rsvp4Hfiesta)

704-216-8970

[laura\\_allen@ncsu.edu](mailto:laura_allen@ncsu.edu)

There will be a small fee based on family/guest size for 4-H families.

NC State University and N.C. A&T State University are collectively committed to positive action to secure equal opportunity and prohibit discrimination and harassment regardless of age, color, disability, family and marital status, gender identity, genetic information, national origin, political beliefs, race, religion, sex (including pregnancy), sexual orientation and veteran status. NC State, N.C. A&T, U.S. Department of Agriculture, and local governments cooperating. Persons with disabilities and persons with limited English proficiency may request accommodations to participate by contacting Laura Allen, 4-H Agent, at 704-216-8970 or [laura\\_allen@ncsu.edu](mailto:laura_allen@ncsu.edu) at least 14 days prior to the event.



## Upcoming Meetings

**County Council:** These meetings are for any 4-H'er ages 12-18 as of January 1. We will meet in the Suite A Conference Room at the extension Office at 6 PM.

February 18, 2020

March 30, 2020

April 20, 2020

\*\*additional dates are listed on the Rowan County Cooperative Extension calendar.

**PALS:** These meetings are for any parent, alumni, or leader (or anyone at all) who supports 4-H. If you are interested in 4-H or new to 4-H, you are invited to attend these meetings as well! Please come share your ideas for 4-H and help us find ways to support Rowan County 4-H. This group will meet at the Rowan County Cooperative Extension office in Auditorium A at 6 PM.

February 18, 2020

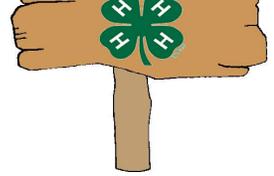
April 20, 2020

\*\*additional dates are listed on the Rowan County Cooperative Extension calendar.

**REGISTER for 4-H Camp at Betsy-Jeff Penn on  
June 28-July 3, 2020**



**4-H Camp is for youth ages 8-14.** It is an 5 night, 6 day overnight camp from a Sunday-Friday during the summer. We officially have camp dates and a location! We will be going to Betsy-Jeff Penn in Reidsville, NC on June 28-July 3, 2020.



**It's time to register for camp! The registration form (linked below) and non-refundable payment of \$150 is due by March 25 to reserve your spot.**

**For youth ages 12-14 who are interested in the Adventure or Trekker program at camp, I recommend that you register before March 25 as those camp spots are limited and fill up FAST!**

Camp costs \$420 per person. 4-H'ers who are active in a 4-H club or multiple county level events for at least 6 months prior to the registration date will owe \$375. If we receive donations from local groups, the cost may be less per person, but we will not know that until closer to time.

### [4-H CAMP REGISTRATION FORM](#)

To learn more about camp, check out:

[Rowan County 4-H Camp details & deadlines](#)

[NC 4-H Camping Centers](#)

[Betsy-Jeff Penn 4-H Educational Center](#)

[Millstone 4-H Camp](#)

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## Upcoming Teen Trips & Events...pre-registration required!



### **Teen Retreat (for youth ages 13-18 as of Jan. 1)**

Teen Retreat will be on March 7-8, 2020 at Millstone 4-H Camp. This is a district 4-H event (we are in the South Central District). This weekend will include workshops and the campaigning and election of district officers. We will leave on Saturday morning and return on Sunday afternoon. The total cost is \$95, but 4-H pays a portion of that cost. Those who attend will owe **\$50** for the trip.

**RSVP by February 12 if your child plans to attend.** The \$50 payment is due no later than March 7 (when we leave).

Our own Jaysa Causby will be campaigning and running for South Central District Vice President, so it'll be great to have several teens go from Rowan to help her and cheer her on!

More details will be shared as I get them.

### **Citizenship Focus (for youth ages 14-18 as of Jan. 1)**

Citizenship Focus is a leadership and citizenship conference for NC 4-H'ers. This year's conference will be held in Cary, NC on June 15-17. Only **3** youth per county can attend. Rowan County pays in full for this event (\$200) for each participant, while the NC Electric Cooperatives pay the remaining fees for each child (total cost per attendee is over \$600). It is **FREE** to you and is a wonderful experience! Conference highlights include: Citizenship themed workshops, panel discussions, distinguished speakers, visits with elected officials, community service projects, and off site visits in Raleigh.

**If you are interested, please email [laura\\_allen@ncsu.edu](mailto:laura_allen@ncsu.edu). no later than May 1.** Those who have never attended before will be given first preference, but repeat attendees are invited to attend again. It is limited to 3 Rowan County 4-H'ers.

### **4-H Congress (for youth ages 13-18 as of Jan. 1)**

4-H Congress is the highlight of the 4-H year at the state level! 4-H'ers attend workshops & leadership sessions, listen to motivational speakers, participate in the process of electing officers, conduct community service projects and more! We stay on the campus of NC State University for this event. We will leave on Friday, July 17 and return on Tuesday, July 21. **If you plan to attend 4-H Congress, please RSVP by May 1.** Congress will cost \$175 per child with the county covering the remaining cost (total cost is over \$300 per child).



## PLAN NOW for Project Record Books, Achievement Plans, & More!

If you are wanting your child or club member to turn in a Project Record Book or Achievement Plan for the year 2020, please start NOW! The completed books/plans will be due in January 2021, but the work included in them will be the items they do from January-December 2020.

Use the links below to help you! If you have questions or need help to get started, let Laura know!

Use these links to help you:

[Project Record Book for Rowan Cloverbuds \(5-7 years old\)](#)

[Project Record Book for 8-12 years old](#)

[Project Record Book for 13-18 years old](#)

[Helpful Hints for doing Project Record Books](#)

[Achievement Plan](#)

[NC 4-H Incentives & Awards Programs\\*\\*\\*\\*](#) has the grading rubrics and record books provided

The best way to learn about how Project Record Books should be done is to judge them! Here is an opportunity to judge the best of the best! Contact [laura\\_allen@ncsu.edu](mailto:laura_allen@ncsu.edu) if you are interested and she can get you registered. We already have 1 volunteer from Rowan County attending!

A graphic with a green and white polka-dot background at the top. Below it is a black silhouette of a house. In the top right corner of the house silhouette is the NC State Extension logo, which consists of a green four-leaf clover with 'H' in each leaf, above a red rectangle with 'NC STATE' in white, and the word 'EXTENSION' in black below that. The main text '4-H Record Judges Needed' is written in large white letters across the middle of the house silhouette. In the bottom left corner of the house silhouette is a blue and orange icon of a smartphone with the text 'Come help' on its screen. In the bottom right corner of the house silhouette, the text 'Project Record Judging', 'Date: April 24-26, 2020', and 'Location: SpringHill & Suites Cary, NC' is written in white.

**4-H Record Judges Needed**

**Project Record Judging**  
**Date: April 24-26, 2020**  
**Location: SpringHill & Suites Cary, NC**

Come help

judge  
4-H  
Record  
Books

**Portfolio Judging**  
**Date: April 27-29, 2020**  
**Location: SpringHill & SuitesCary, NC**

You will learn so much about  
about records by judging!

Come meet new friends and have  
fun while judging!

Contact your 4-H Agent for  
more details!

Registration Link for Judging:  
[go.ncsu.edu/recordjudging](http://go.ncsu.edu/recordjudging)

## 4-H Embryology Cycles for 2020

**\*\*Public Schools can still register until Feb. 7, 2020!**

Seeking **Rowan County Homeschool families** and  
**2nd grade & 7th grade classrooms** in  
**Rowan County private & charter schools**  
to participate in:

# 4-H Embryology



**Training & Materials Pick Up:**

Feb. 4, 2020 at 3:30 PM

**Chicks & Materials Must Be Returned:**

Feb. 28 by 4:30 PM

Training/pick-up will be held at Rowan County Cooperative Extension.  
All chicks & materials must be returned to Rowan County Cooperative Extension.

**Cost:**

**\$10 per classroom**

Must pre-register  
by Jan. 17



**To register, contact:**

[laura\\_allen@ncsu.edu](mailto:laura_allen@ncsu.edu)  
704-216-8970  
2727-A Old Concord Rd.  
Salisbury, NC 28146



Seeking 2nd grade & 7th grade classrooms in the Rowan-Salisbury School System to participate in:

# 4-H Embryology

## Cycle 1

Training & Materials Pick up:  
March 3, 2020 at 3:30 PM

Chicks & Materials Must Be  
Returned:  
March 27, 2020 by 5 PM



## Cycle 2

Training & Materials Pick up:  
April 14, 2020 at 3:30 PM

Chicks & Materials Must Be  
Returned:  
May 8, 2020 by 5 PM

Training/pick-up will be held at Rowan County Cooperative Extension.  
All chicks & materials must be returned to Rowan County Cooperative Extension.

### Cost:

**\$10 per classroom**

Must pre-register  
by Feb. 7



### To register, contact:

[laura\\_allen@ncsu.edu](mailto:laura_allen@ncsu.edu)  
704-216-8970  
2727-A Old Concord Rd.  
Salisbury, NC 28146

NC State University and N.C. A&T State University are collectively committed to positive action to secure equal opportunity and prohibit discrimination and harassment regardless of age, color, disability, family and marital status, gender identity, genetic information, national origin, political beliefs, race, religion, sex (including pregnancy), sexual orientation and veteran status. NC State, N.C. A&T, U.S. Department of Agriculture, and local governments cooperating. Persons with disabilities and persons with limited English proficiency may request accommodations to participate by contacting Laura Allen, Rowan County 4-H Agent, at 704-216-8970 or [laura\\_allen@ncsu.edu](mailto:laura_allen@ncsu.edu) at least 14 days prior to the event.

Those involved in this program will be provided with the following supplies during the project: incubator with built in thermometer (\$135 value), chick life cycle kit, fertilized eggs, curriculum, life cycle poster, chick feed. **All supplies and chicks will be returned to Rowan County 4-H at the conclusion of the program.**

Those involved with this program will have to provide the following items for this project: brooder box (a plastic tote works fine), shavings (can use shredded paper/newspaper, sand, etc), and heat lamp/bulb. This should be of minimal cost to you as you hopefully have most of these things at home or school already.

At the required training, all teachers will be trained on the incubation process to help ensure project success. At the conclusion of the training, all teachers will get the supplies they need for the project (including the fertilized eggs) and will take them home with them that night. The eggs have to stay at 68-70 degree Fahrenheit until the next day when you will incubate them, so plan accordingly. To participate, teachers **MUST** attend this training. **If a teacher participated in the 4-H Embryology program in 2019, they can come at 4:15 to pick up their supplies instead of attending the 3:30 training. However, I still recommend they come to the training to help ensure a successful hatch.**

## Help us with the Rowan County 4-H PALS Port-a-Pit Fundraiser!

We need YOU to help us have a successful Port-a-Pit Fundraiser! The event will be on Friday, April 3, 2020. We must pre-sale tickets, which should be sold and turned in by March 13. Please come by the Extension office to pick up tickets to sell.

We also will offer delivery to Rowan County locations that purchase 8 or more plates. An order sheet for locations seeking delivery (for 8+ orders only) can be found here: [Port-a-Pit 8+ Orders Delivery Order Form](#)

Please SIGN UP to take a flyer and order form to a local business to get orders! We don't want to bombard folks more than once, so please SIGN UP so that we don't ask the same place over and over! Also, if you know of a business we may not have thought of, please list it on this sign up flyer and maybe someone will sign up for that business!

may not have thought of, please look on the sign up flyer and maybe someone will sign up for that business.  
[SIGN UP here to sell to a local business](#)

We will also need LOTS OF VOLUNTEERS on April 3! Sign up here to volunteer: [Volunteer Sign Up for April 3 Event](#)

You can download a copy of the flyer here: [Port-a-Pit Flyer](#)

Contact [laura\\_allen@ncsu.edu](mailto:laura_allen@ncsu.edu) for questions!

# Rowan County 4-H PALS

All proceeds benefit 4-H youth development programs & scholarships

## Port-a-Pit BBQ Chicken



**Friday, April 3, 2020**

**11 AM-3 PM**

**Eat In or Take Out**

**\$10  
per plate**

**Half chicken, baked  
beans, slaw, roll,  
dessert**

**\* Eat in orders include drink\***

**Pre-Order  
Tickets  
Now!**

**Delivery  
available**

**(with orders of 8 or more to  
Rowan County locations)**

**NC Cooperative Extension,  
Rowan County Center  
2727 Old Concord Road**

**Orders due by  
March 13  
To order contact:**



## Spring 2020 Plant Sale Going On Now!

If you are interested in purchasing fruit bearing plants/trees to plant this Spring, please place your online order by Feb. 27. Plant pick up is March 5 at the Rowan Extension office.

All details can be found here:

<https://rowan.ces.ncsu.edu/2020/01/spring-2020-plant-sale/>

## Application, Interview, Resume, Electronic-Video (AIRE)

AIRE is a workforce development and college prep program for youth ages 11-18 (as of Jan. 1).

Youth are eligible participate in this program in one of two ways.

**Option 1:** Youth participate in this program by completing the four (4) AIRE candidate packet components. All candidates submitting a complete packet will be invited to participate in either the State-Level competitive program (open to youth ages 14-18) or in the non-competitive program (open to youth ages 11-13). **Youth participating in the competitive AIRE program are eligible to be selected to attend national events such as National Congress, National Conference, and International Leadership Conference.**

**\*\*This option requires youth to submit their packets to Laurano later than June 1, 2020.**

**Option 2:** Youth participate in this program by completing the AIRE program components as self-study and/or as part of their local 4-H program. This option does not require the participant to submit their AIRE packet for State-level review.

Read more at: <https://nc4h.ces.ncsu.edu/youth-3/application-interview-resume-essay-aire/>



## Current Rowan 4-H Cloverbucks guidelines

Please find the updated Cloverbucks document and 4-H Event Scholarship application on the Rowan County Cooperative Extension website or click [HERE!](#)

## Opportunity for 4-H'ers to help a local family by donating their artwork

I received this email in January. If you see fit for your family or 4-H'ers to help, please do so. If your 4-H'ers have artwork to donate, please have it to the 4-H Office by the end of February. Please direct all questions to Courtney Hawke at 704-224-4302 or [courtneyhawke@gmail.com](mailto:courtneyhawke@gmail.com). Read her email below:



**Hawke Family Adoption**  
2509 Wedgewood Dr.

We are a local family in the process of adopting 2 teenage girls. We are nearing a light at the end of the tunnel, however we still need to fundraise for the remainder of our adoption fees. Which is why I am hoping we can work together! We are hosting an even called "Noodles and Doodles" (or something similar, it's a work in progress) where we will serve a spaghetti meal to guests. During the event we would like to hold a silent auction of art work. I was wondering if there is any type of artwork that students or staff would be willing to donate toward our cause? We are open to all art types and appreciative of any and all support! Please contact me to let me know if you'd be interested. Thanks!

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## Horse Updates

**Are you interested in 4-H Horse Judging, Hipplology or Quizbowl? It will soon be time to get prepared for the 2020 events! If interested, please email [laura\\_allen@ncsu.edu](mailto:laura_allen@ncsu.edu) as soon as possible!**

**[2020 Horse Eligibility Cards](#) \*\*\*\*Due by April 1\*\*\*\***

[Dates of 2020 State Qualifying Horse Shows](#)

[NC 4-H Horse Program December 2019 Newsletter](#)

[NC 4-H Horse Program 2020 Calendar of Events](#)

[NC 4-H Horse Program Rules & Regulations Manual \(updated Dec. 2019\)](#)

[NC 4-H Horse Program Dressage & Combined Training Manual](#)

[NC 4-H Horse Program Information](#)

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## Dairy Updates

### **Practice dates:**

Feb. 5, 12, 19, 26 at 4 PM

March 4, 18, 25 at 4 PM

\*\*every practice will be on a Wednesday at 4 PM. Farm locations will be emailed to you prior to that practice. We will not practice on March 11.

There is a Dairy Judging 101 workshop coming up in Greensboro on March 14. RSVP if you can attend. You will have to travel there on your own.

The competition is Friday, March 27 in Winston Salem.

# DAIRY JUDGING 101

## WORKSHOP

FOCUS ON REASONS

### FOR WHOM?

Dairy youth from North Carolina and nearby states

### WHEN?

March 14<sup>th</sup> 10 AM (check-in) to 4 PM

### WHERE?

Guilford County(NC)  
Extension Office

3309 Burlington Rd, Greensboro, NC 27405

### WHY?

- To prepare for the spring/summer judging contests
- To gain skill and confidence in your reasons

### ONLINE REGISTRATION

<http://bit.ly/DairyJudging101NC2020>

**There is no registration fee but please do register in advance.**

- **Sponsors sought.** All donations beyond workshop expenses will benefit the Virginia Tech Dairy Judging Team Endowment. •

### THE PROGRAM

#### Morning: Reasons 101

1. Priorities - what to say, when
2. Terminology - how to say it

#### Afternoon: Reasons 102

1. Practice: Getting GOOD!!
2. Contest day strategy

### CONTACT

#### Brittany Heizer

336-516-8196  
bathomp2@ncsu.edu

#### Nancy Keith

704-878-3165  
Nancy\_keith@ncsu.edu

### FEATURING

#### Dr. Katharine F. Knowlton

Dairy Science Professor &  
Coach, Virginia Tech Dairy  
Judging Team



**AND** 2018 &  
2019 VT Team  
members!!





## Poultry Updates

Poultry Judging practice for 2020 will start back in April or May 2020.  
The contest date is July 19, 2020 in Raleigh, NC.

Another cool opportunity:

**NC STATE**

**POULTRY SCIENCE  
SUMMER INSTITUTE (PSSI)**

5-day, poultry camp for high school students  
**June 21-25, 2020**

**Apply Now!**

Applications due February 28, 2020  
[go.ncsu.edu/pssi](http://go.ncsu.edu/pssi)

hosted by the Prestage Department of Poultry Science  
contact Mary Fosnaught at [mhfosnau@ncsu.edu](mailto:mhfosnau@ncsu.edu)  
students selected for PSSI only pay \$75 thanks to generosity of US Poultry & Egg Association



Learn more at <https://poultry4hyouth.ces.ncsu.edu/poultry-science-summer-institute/>.

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## Horticulture Opportunities

NC 4-H Beekeeping Essay: Due March 15



# North Carolina 4-H Beekeeping Essay

Cultivating curiosity about honey bees through writing

**Honey Bees are hardworking,** tirelessly gathering nectar and pollen to share with their hive. They provide a vital ecological service by pollinating agricultural, garden and native plants. Explore more about these fascinating insects by participating in the North Carolina 4-H Beekeeping Essay contest. The essay provides a platform for youth to creatively express their working knowledge and research of the craft of beekeeping.

## 2020 Beekeeping Essay Topic

**"Overwintering: Bee Survival through the Cold Season"**

Honey bees have developed special skills to overwinter in the United States. Please discuss one of these skills and then include a discussion about what you do to prepare your hives for winter. Include a photo of one of your hives, either using infrared technology or showing winter wrap, hay bales, special feeders, etc. to demonstrate how you prepare your hives for winter.

## Essay Guidelines

The scope of the research is an essential judging criterion, accounting for 40% of your score. The number of sources consulted, the authority of the sources, and the variety of the sources are all evaluated. Personal interviews with beekeepers and others familiar with the subject are valued sources of information and should be documented.

*Note that "honey bee" is properly spelled as two words, even though many otherwise authoritative references spell it as one word.*



A honey bee worker tending to larva

## Beekeeping Essay Deadlines

North Carolina Essays are due  
March 15th, 2020 at 5pm

Essays should be emailed to  
[liz\\_driscoll@ncsu.edu](mailto:liz_driscoll@ncsu.edu)



**NC STATE** EXTENSION

## North Carolina 4-H Beekeeping Essay Contest Rules

1. The contest is open to active 4-H Club members only. 4-H'ers who have previously placed first, second, or third at the national level are not eligible; but other state winners are eligible to re-enter.
2. Requirements (failure to meet any one requirement disqualifies the essay)
  - Write on the designated subject only.
  - Essay must be typewritten or computer-generated on single-sided pages and formatted following standard manuscript format using double-spaced type and 12pt font in legible font face
  - Length: 750 to 1000 words. Note: Youth that are in the 9-10 age category, only need to write an essay that is between 400-500 words.
  - Word count does not include sources, works cited or the writer's biographical statement.
  - All factual statements and interview references must be cited in a "sources" or "bibliography" list.
  - On a separate page, please include a brief biographical statement of the writer including mailing address, email address and phone number.
3. Essays will be judged on (a) scope of research- 40%; (b) accuracy- 30%; (c) creativity- 10%; (d) conciseness- 10%; and (e) logical development of the topic- 10%.
4. NC 4-H youth will compete in the following age divisions; 1). 9-10 2). 11-13 and 3). 14-18. Youth awarded first in the 9-10 and 11-13 category will receive \$25 each. Youth in the 14-18 age category will receive \$50 and their winning essay will be sent on to the national competition. Youth can only place first one time within an age category.

## National 4-H Beekeeping Essay

The winner of the North Carolina 4-H state Beekeeping Essay is forwarded to the national Foundation for the Preservation of Honey Bees to participate in their national essay contest. Each state 4-H Office is responsible for selecting the state's winner and should set its deadline so state judging can be completed at the state level in time for the winning state essay to be mailed to the Foundation office by April 1st, 2020. No essay received after April 1 will be considered. Each state may submit only one entry.

Final judging and selection of the National Winner will be made by the Foundation's Essay Committee, whose decision is final. The National Winner will be announced June 1st, 2020. All National entries become the property of the Foundation and may be published or used as it sees fit. No essay will be returned. National winning essays will be posted at the Foundation for the Preservation of Honey Bees 4-H Essay website. National prizes include: First Prize: \$750.00, Second Prize: \$500.00, and Third Prize: \$250.00.



**Contact: Liz Driscoll, 4-H Youth Specialist**  
North Carolina 4-H Crop and Soil Science, Entomology,  
Plant Pathology and Horticulture  
NC Cooperative Extension / NC State University  
218 Kilgore Hall, Box 7609, Raleigh, NC 27695  
office: (919) 513-7346 / email: liz\_driscoll@ncsu.edu  
www.growforit.org

**GROW FOR IT**

# HORTICULTURAL SCIENCE SUMMER INSTITUTE



July 5-10th, 2020 at North Carolina State University

**HIGH SCHOOL STUDENTS** are invited to spend a week at NC State University climbing trees, grafting tomatoes, snacking on raspberries, discovering new genes and so much more. The Horticultural Science Summer Institute is a residential, hands-on, pre-college program designed to engage youth into the many career opportunities within horticulture. Students will dig into workshops led by faculty, staff and students on topics ranging from breeding better vegetables, propagating ornamental shrubs, lengthening the life of cut flowers, learning sustainable production and design practices and delving into practical tools that enhance our understanding of plant processes. Students will visit unique and innovative North Carolina farms, markets, greenhouses and gardens. Youth will also explore college-making decisions and leadership development, enjoy evening entertainment and team-building activities, live in a campus residence hall with campus dining. The camp provides a close-knit forum for high school students across the state (and country) to gather together and broaden their interest and knowledge about horticulture.

Any high school student with a career or hobby interest within the field of agriculture and horticulture are encouraged to apply to the summer institute. The cost for the week is \$600 and includes on-campus lodging in the dorms, most meals, field trips, workshop materials, and entertainment. There may be some scholarships for underserved youth and participants with financial need, or payment plans can be arranged. Please contact Liz Driscoll, program coordinator at [liz\\_driscoll@ncsu.edu](mailto:liz_driscoll@ncsu.edu) for more information.



**CONTACT**

Liz Driscoll, 4-H Specialist  
[liz\\_driscoll@ncsu.edu](mailto:liz_driscoll@ncsu.edu)  
 o (919) 513-7346 | c (919) 886-3424  
[www.growforit.ces.ncsu.edu](http://www.growforit.ces.ncsu.edu)

**APPLY NOW!**

[www.go.ncsu.edu/hssi](http://www.go.ncsu.edu/hssi)



## 4-H Shout Outs

Congratulations to the 4-H'ers who submitted 4-H Project Record Books and Portfolios documenting their 2019 projects and achievements. These 4-H'ers will be recognized at Achievement Night!

Cloverbuds:  
 Emory Stewart

0-10 Year Olds:



9-10 Year Olds:

Adyson Medley, Animal Science  
Taylor Miller, Animal Science



11-12 Year Olds:

Allison Mares, Animal Science  
Madisyn White, Animal Science  
Talton Correll, Animal Science  
Madisyn White, Citizenship & Civic Education  
Allison Mares, Family & Consumer Sciences  
Madisyn White, Personal Development & Leadership  
Talton Correll, Personal Development & Leadership  
Nathan Croyle, Science & Technology

13-15 Year Olds:

Tiffin Jacobs, Animal Science  
Josie Correll, Personal Development & Leadership  
German Jaramillo, Science & Technology

16-18 Year Olds:

Sam Oster, Personal Development & Leadership  
Sam Oster, Science & Technology  
Sam Oster-Electric Portfolio

**Congratulations to the following 4-H'ers who submitted Achievement Plans. They will also be recognized at Achievement Night.**

7-8 year old Cloverbud: Emory Stewart, Adyson Medley

Green Clover: German Jaramillo

Bronze: Allison Mares

Gold: Madisyn White

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**Important Info for 4-H Club Leaders:**

**ALL OFFICIAL 4-H VOLUNTEERS: Please report your 2020 contacts by the 10th of every month after the month for which you are reporting (January reports are due by Feb. 10):**

**<http://go.ncsu.edu/2020monthly4hreport>**



**-The 4-H year runs January-December. All volunteers and club members MUST be re-enrolled in 4HOnline in January 2020, regardless of when they registered in 4HOnline in 2019.**

**-If you are seeking reimbursement from your club's account OR if you are needing money out of your club's account to pay a bill, please use the [PALS money use form](#).**

**-Your club is encouraged to do fundraisers! Please let Laura ahead of time to make sure it won't conflict with another 4-H fundraiser and to make sure all receipting requirements are being met.**

-It is OKAY for your club to seek donations. **However**, please notify Laura of this as well (we don't want our county program and multiple clubs to be seeking donations from the same folks every time).

-If your club receives money (donation, club fee, fundraiser money, etc) the money **MUST** be RECEIPTED and TURNED IN to the Extension office within **3 DAYS** of receiving it! If you need a receipt book, please let Laura know.

**-Please use the 4-H Club Leader Resource folder** (link emailed to club leaders). No need to "reinvent the wheel" when we have great resources we can share! If you don't have access and would like to have access to this folder, email Laura!

-All of your club members **MUST** be enrolled in **4HOnline** in order to participate in 4-H! You are **REQUIRED** to keep a copy of each 4-H'er's enrollment form with you at 4-H club meetings and events and to keep them locked up when not in use. Contact Laura if you are missing any enrollments.

-Please push your 4-H'ers to do a project record book, Achievement Plan or to get involved in 4-H in a new way!

-Brief club information and/or a 4-H picture & caption can be submitted for the newsletter. Please send it to me by the 25th of the month prior to the newsletter publishing date (which is typically the 1st of the month).

**-Don't forget that your club **MUST** do at least 1 service project each year!**

-Remember that as a club leader, you **MUST** attend 1 volunteer training during the calendar year to be able to re-charter your club. For Emerald Seal, you must attend 2 volunteer trainings.

**THANKS FOR ALL YOU DO!!!!**

Click here for more information:

[Achievement Plan](#)

[Project Record Books and Presentations](#)

[4-H Ambassador Program](#)



## NC 4-H International Exchange Programs

NC 4-H is seeking **HOST FAMILIES** for Costa Rican and Japanese exchange students during the summer of 2020!

### Costa Rica Inbound

- **Applications for host families to host a CR youth or chaperone is MARCH 1st!**
- Dates for this exchange have not been finalized, but generally will take place from mid-June to mid-July.

### Japanese Inbound

- We will be hosting 12 Japanese delegates and a Japanese chaperone this coming summer.
- **Applications for the Japanese program are DUE by May 22nd!**
- Hosting dates for the Japanese delegates: arrival on July 25th and departure on August 22nd.

[Click here to learn about NC 4-H International Exchange Programs](#)

**Awesome opportunity for high school students to learn more about forestry, soil science, wildlife management and water quality while living on NC State's campus for a week-long camp!**

Check out this cool opportunity with the Soil & Water Conservation District! Please contact Kelli Isenhour if you have questions at [kelli.isenhour@rowancountync.gov](mailto:kelli.isenhour@rowancountync.gov) or 704-216-8998.

**Resource Conservation  
Workshop**

Summer 2020 **NC State University**



**ATTENTION** high school students! If you are interested in a career in natural resources you will want to attend this hands-on, week-long, residential camp.



hands-on, week-long residential camp. Students meet and work with NC State professors and professionals in the fields of **forestry, soil science, wildlife management, and water quality.**

For more information visit:

<https://www.ncagr.gov/SWC/educational/RCW.html>



The Rowan Soil and Water Conservation District is offering a full scholarship to a qualified student.

Application deadline is May 11, 2020

For application, contact Kelli Isenhour

[Kelli.isenhour@rowancountync.gov](mailto:Kelli.isenhour@rowancountync.gov)

704-216-8998



## Farm Bureau offers IFAL program for rising HS seniors



If you are currently a junior in high school and are interested in pursuing an agricultural major, you should apply for IFAL! IFAL stands for Institute for Future Agriculture Leaders. This free summer camp is offered at NC State University and NC A&T State University.

[Learn more about IFAL here!](#)

**NC COOPERATIVE EXTENSION**



## Join a Rowan County 4-H Club



- monthly meetings
- educational activities
- parliamentary procedure
- leadership skills
- public speaking
- hands-on learning
- fun
- new friends
- service projects

For more info, contact:

[laura\\_allen@ncsu.edu](mailto:laura_allen@ncsu.edu), 704-216-8970

### Focus: Horses

-ERSC Blazing Hooves 4-H Club

### Focus: Shooting Sports

-Hot Shots 4-H Club (Salisbury)

-Happy Trails 4-H Club  
(both in East Rowan area)

-Lead Drivers 4-H Club (Mt. Ulla)  
\*must be 8 years old as of Jan. 1\*

### Focus: Cooking

-Rowan Rolling Pins 4-H Club  
(Mt. Ulla)

### Focus: Livestock, Dairy, Poultry

-Livestock 4-H Club  
(Salisbury)

### Focus: Plants/Nature for homeschool youth

-Jr. Master Gardeners 4-H Club  
(Salisbury)

### Focus: variety of topics

-Rowan Researchers 4-H Club  
(Rockwell/China Grove)  
-West Rowan 4-H Explorers 4-H Club  
(Mt. Ulla)



**For youth ages 5-18  
(as of January 1).**



**All club leader volunteers are screened & trained.**

NC State University and N.C. A&T State University are collectively committed to positive action to secure equal opportunity and prohibit discrimination and harassment regardless of age, color, disability, family and marital status, gender identity, genetic information, national origin, political beliefs, race, religion, sex (including pregnancy), sexual orientation and veteran status. NC State, N.C. A&T, U.S. Department of Agriculture, and local governments cooperating. Persons with disabilities and persons with limited English proficiency may request accommodations to participate by contacting Laura Allen, Rowan County 4-H Agent, at 704-216-8970 or laura.allen@ncsu.edu at least 14 days prior to the event.

## How to Start a New 4-H Club!

Are you interested in starting your own 4-H club to meet the needs and interests of your family or community? If so, here are the requirements to charter a new 4-H Club:

1. Must have at least 1 approved volunteer to lead the group (having co-leaders is also recommended). Volunteers must fill out an application and go through a background check.
2. The club must have at least 5 members from at least 3 different families.
3. A written program of work must be completed for the first 6 meetings and must be been submitted to the county Cooperative Extension office.
4. The club is organized with appropriate youth leaders that are either rotated or elected.
5. A club roster is completed and submitted to the county Cooperative Extension office.

An approved 4-H charter application must be on file at the Rowan County Cooperative Extension office and each club must re-charter annually. 4-H members must fill out 4-H enrollment and medical forms annually.

Please email [laura\\_allen@ncsu.edu](mailto:laura_allen@ncsu.edu) if you are interested in starting a club!

Click here for more information:

[4-H Clubs](#)





## Shared Folder for 4-H Pictures

I've had requests for some of the 4-H pictures I have taken at different events. To make it easier for everybody, I've created a shared folder in my Google Drive and have added all of my 4-H pictures in there. Please do not delete them, but you can copy ones you want to save, you can add pictures taken at 4-H events, etc. Also, be mindful that not all 4-H'ers have signed waivers allowing their picture to be taken. If I see any added pictures that include youth without that signed waiver, I will delete them. Here is the link:

<https://drive.google.com/drive/folders/16GQ50QsLH10AVBFeg2y1EHfoOP0DGkZm?usp=sharing>

Laura H. Allen  
4-H Youth Development Agent  
Rowan County Center  
704-216-8970  
laura\_allen@ncsu.edu  
rowan.ces.ncsu.edu

[Like us on Facebook](#)

[Follow us on Twitter](#)

NC State University and N.C. A&T State University work in tandem, along with federal, state and local governments, to form a strategic partnership called N.C. Cooperative Extension.

Extension's 4-H program is the largest youth development organization in North Carolina. We help over 247,000 young people grow into active, contributing citizens each year.