Bowling Fun Day

Join Rowan County 4-H for a fun time at Woodleaf Lanes! Rowan County 4-H will have lanes reserved on Monday, January 18, from 10 a.m. until 12 p.m. We will meet at the bowling alley. The cost is $7 per person which includes unlimited bowling for two hours and rental shoes. You must be registered and PAID by Monday, January 4. Make checks payable to CES. Adults are needed to help!

Fuzzy Fun Horse Show

RACE 4-H will host a Fuzzy Fun Horse Show on Saturday, January 9, from 10 a.m. until 2 p.m. at Ellis Park Event Center in Salisbury, NC. Gates open at 9 a.m. Join us for a fun and educational learning experience as we spend the morning and early afternoon playing games on horseback. This event is open to the public. Games include: barrel racing, flag race, key hole, telephone page race, pole bending, shoelacing relay, egg & spoon, tennis racquet relay, doughnut race and ride-a-buck.

Attention all Parents and Volunteers...!

Included in this newsletter is a survey about training options for you! Please take a moment to complete and return the survey. This is a way that Rowan County 4-H can offer you trainings that you can benefit from. Please return the survey by Friday, January 15.
Mock Horse Bowl Contest

Rockingham County 4-H is hosting a Mock Horse Bowl contest on January 9 at the Rockingham County Extension office. There will also be Hippology materials to practice for the Hippology Contest as well. This event is open to all 4-Hers across the state! Registration will start at 9 a.m. and the contest will start at 10 a.m. Come even if you do not have a Horse Bowl or Hippology team together yet because we are going to mix everyone up to form new teams to practice at this event. This event is a great time to practice for the District Horse Bowl contests coming up! You must register for this event by January 7.

PALS/County Council Meeting

The next PALS/County Council Meeting is at 6:30 p.m., Thursday, January 14, at the Agricultural Center. Dinner will be provided. This meeting is open to all parents, volunteers, club officers and at-large members. Please call 704-216-8970 by Tuesday, January 12, to register. We will be discussing upcoming events and planning for our annual

Spring Prospect Goat Sale

The NC Meat Goat Association is hosting their annual spring wether goat and doe sale on January 16, at the Johnston County Livestock Facility. Goats will be the ideal age for spring shows. For more information contact Eric Honeycutt at erichoneycutt@johnston.k12.nc.us.

North Carolina’s 4-H Centennial Cookbook

The North Carolina 4-H Centennial Cookbook will be coming off the press in January. The cookbook includes 400+ Blue Ribbon Recipes collected from every 4-H decade. It also features photos depicting 4-H foods and nutrition projects throughout the decades. By ordering no later than December 31, 2009, you may purchase the cookbook at the prepress price of $14.95 plus shipping and handling. After January 2, 2010, the price will be $18.95 plus shipping and handling. The order form is online at http://rowancounty4-h.blogspot.com/

Honor Club & Scholarship Applications Due

All North Carolina 4-H Honor Club and 4-H Scholarship Applications are due by 4 p.m. on January 15. For more information or an application, contact Sara Drake at 704-216-8970. You can also download the applications online at http://rowancounty4-h.blogspot.com/
All project records are due to the Extension Office by Wednesday, January 20. Winners will be announced at Achievement Night and county winners will advance to district competition. If you need forms, you can download a copy from the 4-H blog (http://rowancounty4-h.blogspot.com/).

Achievement Plan

How do you feel when you accomplish something? Does what you accomplish make a difference to you? When you reach a goal, and feel some satisfaction in reaching that goal, does this help you set new goals? The 4-H Achievement Plan will help you with these things. To be successful your plan will require loyalty to your 4-H club, your county, state, nation and world. Service to others is very important. Creativity, responsibility and leadership will be required. The satisfaction you feel for your job well done will make it all worthwhile. Achievement plan records are due by Wednesday, January 20. If you need forms, you can download a copy from the 4-H blog (http://rowancounty4-h.blogspot.com/).

2010 Judging in January

This event will be held January 23 and is open to all youth that have an interest in Livestock Judging. This is a great contest for beginners to experts looking to enhance their skills. There will be classes of cattle, sheep, goats, and pigs. For more information regarding this event please contact Steve Sifford at roseviewcattle@yahoo.com. This event is sponsored by the NC Junior Hereford Association.

WCD 4-H Horse Bowl

The West Central District 4-H Horse Bowl will be held Saturday, January 30, at the Iredell County Extension Office. During this competition, youth use their knowledge of horses and related subject matter to compete on a four-member team against other teams. Teams must be registered by January 4 and each county participating must submit questions by Monday, January 11. Lunch will cost $5 per person.
NC/VA Horse Leaders Conference

The NC/VA Horse Leaders Conference will be held January 30-31, 2010, at the Guilford County Extension Offices. This is a great learning opportunity for 4-H Horse Volunteer Leaders. Please visit http://www.cals.ncsu.edu/an_sci/extension/horse/Webpages/NCSU_EHH_Volunteer_Leaders_Conference.html for more information. The deadline for pre-registration has been extended to January 13, 2010. Please call 704-216-8970 for additional information or to register.

Volunteer Leaders Conference

The North Carolina Volunteer Leaders Conference will be held February 5-7, 2010 at the Sheraton Imperial, Research Triangle Park. Please contact me ASAP if you are interested in attending. Early bird registration will be due soon! Call for more details!

2010 Beekeeping Essay

The theme for the 2010 Beekeeping Essay is “Is My Community Honey Bee-Friendly?” For this essay, you should survey your community to see what is being done, or could be done to help honey bees. Perhaps there are classes to attract new beekeepers, or laws that prohibit beekeeping? Does your community allow roadsides and open land to grow up in blooming plants in the spring, or not? Are there resources to help home gardeners make bee-friendly choices? When insecticides are required for pests (for example, mosquito control), are insecticides chosen or applied with bee protection in mind. For more information, go online at http://ipm.ncsu.edu/4-H/essay.html or contact Sara at 704-216-8970. State and national winners will be recognized. Essays are due to the Extension Office by February 9, 2009.

2010 Perry & Doris Teeter Beef Leadership Institute

This event will be held February 19-21, in Hickory in conjunction with the NC Cattlemen’s Conference. This program is designed for youth ages 14-19 that have an interest in the beef program. Call 704-216-8970 for additional information.

Achievement Night

Save the date! Rowan County 4-H’s annual Achievement Night will be held at the Agricultural Center, Saturday, February 27, at 6 p.m. It is a covered dish dinner. Club leaders, be on the look-out for a packet of information to nominate your youth for awards!
2010 Eastern Carolina Showmanship Clinic

This event will be held March 6-7 at the Eastern Carolina Ag & Educational Center. This event is open for youth ages 9-19 that have an interest in showing livestock. Youth are required to select Cattle, Sheep, Swine or Meat Goats and attend workshops with lectures and hands on training throughout the weekend. Call 704-216-8970 for additional information.

WCD Teen Retreat

Teens, mark your calendar! Teen Retreat will be March 12-14 at Betsy Jeff Penn.

Calendar of Events…

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<th>January</th>
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<td>1 Holiday – Office Closed</td>
<td>5-7 Volunteer Leader’s Conference</td>
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<td>8-9 WCD Teen Lock-In</td>
<td>9 Beekeeping Essay Due</td>
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<td>9 Fuzzy Fun Horse Show</td>
<td>11 County Council Meeting – 7 p.m.</td>
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<td>16 Fuzzy Fun Horse Show (alternate date)</td>
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<td>20 Project Record Books Due</td>
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<td>27 4-H Achievement Night</td>
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<td>30-31 NC/VA Horse Leaders Training</td>
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TAKE NOTICE: POSTAGE ALLOCATION CUT

Due to the state budget crisis there has been a 25% reduction in our postage allocation. Please help us save postage by getting your newsletter by e-mail or on line. Notify Sara Drake at 704-216-8970 or sara_drake@ncsu.edu with your e-mail address if you are currently receiving the newsletter by postage mail/hard copy. We need to use e-mail as much as possible. Thanks for your cooperation!
What is “Club Spotlight?” This section of the newsletter is devoted to 4-H club news. Club reporters should submit club news to the 4-H office after each meeting. This information will be “spotlighted” in the 4-H newsletter each month.

Call the 4-H Office if you need more 4-H Club Reporter forms.

REMEMBER TO SEND IN YOUR CLUB REPORT

East Equine Explorers
Dr. Ann Furr gave a program on conformation and horse judging at the East Equine Explorers November 5th meeting. Some of the things we learned about were blemishes. She told us that pig eyed meant that the horse’s eyes were too small. We also learned that pigeon toed is when the horse walks with his hoofs turned in.

Remember that we have a goal to sale five wreaths each, at a cost of $20. Each wreath we sell makes $10 for our club.

Michaela Patterson – Reporter

The East Equine Explorers met on December 3, at Rockwater Farm. All club members introduced themselves and sang their favorite Christmas song. Everyone participated in the second annual quiz bowl, both teams were very competitive. Santa started our Christmas party by delivering us pizza, which was followed by desserts. We all sat on Santas’ lap and told him what we wanted for Christmas. Our next meeting is at the AG Center on January 7, at 6 p.m..

Michaela Patterson - Reporter

Hot Shots
The Hot Shots 4-H Club met on November 21, at 9:30 a.m. We started with shooting Savage 22 Rifles from 20 yards away. Range commands were followed the entire time. After getting used to the weapons, four of the better shooters were handed smaller targets. They were about 1 ¾ inches in diameter; the black being slightly bigger than a gold dollar. All four hit black at least once. One hit black all five times. Another hit black four out of five times.

At the end, some of the shooters were also allowed to shoot either a 50-caliber muzzle-loader or a .308 high-powered rifle. Next month, instead of shooting, we will be having a Christmas party. Not quite as fun, but fun none-the-less.

Carol Nettles - Reporter

Sincerely,

Sara Drake
Extension Agent
4-H Youth Development